

Let's keep ourselves healthy!

EMBC are closely monitoring the COVID-19 situation and updating our internal practices.

On top of our rigorous cleaning and hygiene practices we have added additional cleaning into our schedules, including purchasing additional automatic hand sanitiser machines and are placing them throughout the club.

We urge all our members and guests to ensure you are using the correct, thorough hand washing procedure to ensure your own safety and to keep our staff safe and healthy!

We value the safety and health of our staff, members and guests. It is our highest priority.

Wash your hands

Wash your hands with soap and running water when **hands are visibly dirty**



If your hands are not visibly dirty, frequently clean them by using alcohol-based hand rub or soap and water



 World Health Organization

Protect others from getting sick

When coughing and sneezing **cover mouth and nose** with flexed elbow or tissue



 **Throw tissue into closed bin immediately after use**

Clean hands with alcohol-based hand rub or soap and water after coughing or sneezing and when caring for the sick



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